



Sellers Senior Center

MARCH/APRIL 2020

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facebook 

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LIKE US ON Facebook: SELLERS SENIOR CENTER

Staff:

Executive Director -
Linda Murphy

Administrative Asst.
Jennifer Brooks

Van Driver -
James Kloster

**City Fare Site
Manager -**
Jeannie Whye

Board of Directors:

President -
Kathy Scott

Vice President -Dan
Dmytrus

Secretary -
Linda Deeney

Pat Anker

Brooke Groff

Betty Marroni

Christie Moretti

Peachy Tabangin-Griffin

Dr. David Wilderman

Dawn Wilson

Honorary Member

John Weaver

International Day



Wednesday April 22, 2020

9:00am-1:00pm

Sponsored by HCR Manorcare

*(Heartland Hospice, Arden Courts, Manorcare Foulk,
Manorcare Pike Creek)*



Chefs from HCR Manorcare will offer

*International Tastings throughout the morning from
the country of their choice.*

Passports will be available for all participants. Once the passports are
filled out by our vendors, you will be entered into a drawing for a

\$150 Visa Gift Card

Vendors from various organizations will also be attending with a snack
from the country of their choice.

Invite your neighbors and friends. This is a free event.

Center Closings

Listen to WDEL (1150AM or at www.wdel.com for
center cancelations or closings due to bad weather. Listen
for **Sellers Senior Center** to be announced. This will give
you accurate information about the center.



Trip Guidelines

Everyone attending a Sellers trip must be able to care for their own personal needs and make independent decisions for themselves. Also, consider the amount of walking that is involved with our bus trips. If assistance is required by the participant, he or she must provide their own caregiver and pay for the same.

In this newsletter, you will find the following symbols to help you determine whether or not you should participate in an activity or trip.



**** Handicapped Accessible**

****** Walking required**



******* Chartered Bus**



- Payment for all trips must be made at time of sign-up.
- Times listed for trips reflect departure from the center and arrival back to the center.
- The bus will start loading passengers 15 minutes prior to departure.
- Departure time will be as scheduled with or without all passengers.
- Prepaid tickets for events are not refundable unless a replacement is found.
- Please remember to park furthest from the center when going on trips.

Transportation: Transportation is available to and from the center on Tuesdays and Fridays for \$2.00 a day. Transportation to and from medical/health care appointments can also be scheduled on Tuesdays and Fridays per availability. Call the office for pricing. If you need to cancel your daily transportation for any reason, please contact the office. If you do not cancel, you will be charged \$2.00.

Sign-ups for ALL trips in this newsletter will begin on March 2.

If you are driving your car to any of our day trips, the office **must** be notified so your name can be added to the reservation.

Greeting Cards

Personalized Greeting cards are available in the office. Please allow at least **two days** for the office to fill your requests. Thank You!

Cost: \$4.00 per card

Don't forget we sell stamps too!



Membership Information



Welcome New Members: Janet Tillman, Mildred McMenamin, Miriam Sawyer, Beverly Livingston, Robert Boyer, Gerard Kennealey

Thinking of You: Eleanor Orzechowski, Jack Beatson, Cathy Dolbow, Sally Austin, Marie Spinden, Beverly Lupfer

In Memory of: Walt Sinclair, Gloria Rivers

Lunch Bingo



Thursday, March 26 & April 30. \$6.00

Come join in on Lunch Bingo Fun!

Lunch served at 12:00pm Bingo to begin at 12:45pm

March Menu: Ham & Swiss on club roll, lettuce, tomato, onion, Orange, Cream of Broccoli Soup, Crackers and milk

April Menu: please check menu as it becomes available

Cash prizes, & Door prizes

Please bring dabbers or chips if you have them.

Delaware Hospice will be calling bingo in March
and St. Francis Life in April

Mystery Lunch



Wednesday, March 11, & Thursday, April 9

11:00am-2:30pm Cost: \$4.00

Services Available

Hours of Operation:

Monday & Tuesday

8:30—3:30pm

Wed., Thurs., Friday

8:30—2:30pm

Advisory Council:

Secretary

Maryanne Cluff
Anita D'Annibale
Norma Dolan
Ginny Feeley
Ruth McDannel
Mimi Moore
Doris Shiels
Len Thomas
Helen Winkelman

Instructors:

Bible Study -

Pastor David Farmer

Amy Peters

Bridge Class -

Leonard Thomas

Fitness -

Eric Wolf

Creative Cards -

Ellen Paoletti

Chair Yoga -

Marla Friedman

Library: Books can be borrowed during center hours. Returned books should be placed in the laundry basket. Our dedicated “librarians” will keep our library in order.. Not accepting books 2010 or older.



Notary Services: Call Linda in the main office to make an appointment. \$5.00 minimum donation.



Stamps: Postage stamps are available for purchase in the office.

AARP Driving Course: Thursday, March 26, from 9:00am-1:00pm (Refresher) No class in April. **AARP has asked us to collect payment at time of sign up. \$15 for AARP Members, \$20 for Non Members. Cash or check accepted. Checks can be made payable to AARP.**



Available in Office

DE Durable Power of Attorney: Financial

Five Wishes: Five Wishes is a legal document that lets adults plan how they want to be cared for in case of a serious illness. Cost: \$1.

Golden Club: Free admission to all Brandywine School District sponsored Activities.

Guide to Services for Older Delawareans: A publication for Older Delawareans and Persons with Disabilities.

Handicapped Parking: Placard application

Paratransit: Tickets are now available in the main office for \$10 per strip. ID required. Applications also available

School Tax Credit: Senior deduction in taxes. (form)

Senior Roll Call: This daily telephone service provides added comfort and security that you may need to maintain your independence.

Vial for Life: Lifesaving information for emergencies.

Nutrition Program



A noon meal is available Monday through Friday through City Fare's meal program to seniors 60 years of age and older. City Fare offers a hot meal, bagged super and a salad bar during the summer. A donation for the meal is based on income. Suggested cost: \$2.25.

Call the previous day by 10:30am for guaranteed reservations. Persons under 60 years of age are required by government regulations to pay \$5.25 for their meal.

Note: Cancellations must be made by noon the previous day.

If you make a reservation for lunch at SSC and do not show or call to cancel (within the allowed time frame) and a substitute is not found, *you will be asked to pay for that meal.*

Health and Fitness

'Feel Better' Fitness Class "If you don't MOVE it - you will LOSE it."? Classes consist of: 10-15 min. walking paced warm-up, 30 min. work-out while sitting, 10 min. standing work-out, and 5 min. relaxation cool down. These exercises are good for Seniors with Arthritis, Osteoporosis, or Cardiac Rehab. Participants will gain muscular strength, endurance, and flexibility through gentle movements, chair exercises and stretching.

Monday, Wednesday, and Friday from 9:40 - 10:40am

Cost: \$3 per class.

Instructor: Eric Wolf

Wii Roll Off



Monday, April 22, 2020

9:30am

Location to be determined!

Top 4 teams will bowl to determine the final winners!

Amazon Smile

amazon smile
You Shop. Amazon Gives.

Do you shop on Amazon?

If so, AmazonSmile is a simple and automatic way for you to support Sellers Senior Center every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Sellers.

Donations and Bequests

Donations and bequests to Sellers Senior Center are deductible for the purpose of computing income and inheritance taxes under the law for donations and bequests for charitable corporations.

Memorial Fund: Contributions to this living memorial is a very thoughtful way of perpetuating the memory of our friends and loved ones. Their names will be engraved on our Memorial Plaques (which hang in our Great Room) and their families will be notified of your remembrance. Your name will be recorded in our Book of Memorials.

United Way Donations: When making donations to United Way, remember to write in Sellers Senior Center's code **#9063** on the back of the card. We are also a member of the United Way of Southern Pennsylvania. For Pennsylvania donations please use **#48809**.

Fundraising Info

Fifty/Fifty Tickets: Purchase tickets from Mimi Moore on Mondays & Fridays or Barbara Longyear on Tuesdays. Tickets are also available for purchase in the office.

Winners drawn the 2nd & 4th Tuesday of each month.

Winners:

2/11 Barbara DeFrancis \$64.00

Penny Fundraiser: Drop your change in specially marked cans in the card room or office so that we may recognize you in our next newsletter. Thank you to all our donors.

Anonymous \$2.05

Urban Acres Produce



Urban Acres is a non profit organization, who provides food at fair prices and provides jobs and training for the community. Please come out and support their fruit & vegetable stand.

Tuesday's from 10am-1:00pm at Sellers

Center Closings

Closed

Good Friday

April 10th

Advisory Council
Meeting:

Next meeting

**Wed, March 4,
and Wed, April 1**

At the time of publication of our bi-monthly newsletter, the information is as complete and accurate as possible. All items are subject to change.

DONATIONS!
Thank You

Helen Ridenour
Marge Prinski
Beverly Colona
Pam Coates
Maryanne Cluff
Barbara Coulbourn
Eileen Denis

Pinochle Tournament



The pinochle Tournament is in full swing with 20 players in competition for the top prizes.

If you play pinochle and wish to be a substitute for the tournament, please sign up in the main office.

Crafts & Treasures (Outdoors)



Saturday, May 9

9:00am-2:00pm

Got Crafts & Treasures you would like to sell!

Spring is the perfect time to clean out your garage and get rid of some unwanted items.

For more information contact Sellers office.

Ruby's Diner Fundraiser

Dining out with Friends!



Dine at Ruby's on **Monday, April 6** and 20% of all food and beverages will be donated to Sellers.

Breakfast, Lunch or Dinner from 7:00am-9:00pm with flyer

Additional flyers are available in Sellers office. Must present at the restaurant.

Flyers will not be available at the restaurant.

Afternoon transportation will be available.

919 Baltimore Pike Glen Mills, PA 19342

Ongoing Activities



Bible Study: Mondays with Amy Peters-10:00-11:00am.

Fridays with Pastor Farmer - 12:00 – 1:00pm All denominations welcome!



Bingo: Fridays, 12:30—2:30pm. Bring your nickels and enjoy refreshments with your friends. Donations are always appreciated. Caller: Beverly Colonna

Bridge: Duplicate Bridge (requires a partner)—Tuesdays, 9:00am - 12:00pm.

Bridge Class/Discussion Group: For advanced and intermediate players.

Every Tuesday at 12:30pm. No weekly commitment! Play duplicate bridge in the morning, stay for lunch and attend the discussion group at 12:30. \$2.00 donation to Sellers per class.

Bridge: Duplicate Bridge (requires a partner) - \$3 per day Thursdays, 9:00am-12:00pm. For more information, contact the office.

Bunco Every Monday from 10:00am to 12:00 noon. Cost: \$2.00 (cash prizes)

Canasta: Fridays 9:30—noon. Beginners welcome.



Ceramics: Every Tuesday 9:00am—12:00pm.

Chair Yoga: Every Tuesday 1:00-2:00pm

Creative Cards: Learn to make creative cards using a wide variety of paper crafting products: rubber stamps, punches, ink pads, die cuts and more! Second & fourth Thursdays of each month at 10:00am. **Class is advanced.** Class size limited to 12. Reservations are required 1 week in advance. Cost: materials only. *If you don't show up for the class you are still required to pay the instructor.*



Game Day: 1st & 3rd Thursday at 12:30pm.

Mahjong: 1st & 3rd Wednesday from 9:30am-12:00pm. New players please contact the office.

Pinochle: Tournament— Mondays, 12:30 - 3:30. Free Play—Tuesdays, 12:30 –3:30.

Tuesday Pinochle Players wanted!



Painting Class: A fun painting class with acrylic paint on canvas. 2nd & 4th Monday of each month 1:00-4:00pm New to the class: \$20 - includes brushes, canvas & paints Continuing painters: \$10 includes, canvas & paints.

Our Mission

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition and advocacy. Membership is welcome to anyone 50 years of age or older regardless of religion, gender, race or color.

Happy Birthday!



March Babies

3/2 Roger Schranz
3/4 Eileen Denis
Marie Spinden
3/6 Jean Morris
Eleanor Tyndall
3/7 Janet Day
Shirley Fisch
3/8 JoAnn Bush
3/9 Joe Dorovich
3/11 Gail Glynn
3/15 Mary Alice Grimes
Gerard Kennealey
3/20 Patricia Thompson
3/21 Linda Healey
3/25 Muriel Walters
3/26 Whittona Burrell
Betty Ernsberger

April Babies

4/2 Lorraine West
4/3 Ruth McDannell
Tom Rollins
4/4 Len Thomas
4/7 Barbara Mancuso
Janette Savina
4/12 Gloria Meyers
4/14 Peg Gerber
Marie Parks
4/16 Gerri Episcopo
4/21 Beverly Lupfer
4/22 Mildred Holmes
4/23 Maryanne Cluff
4/25 Jane Anne Weist
Nancy Worthington
4/27 Sarah Kitts
Cheryl Nathan
4/30 Jane Fisher
Jerry Ortner



Happy Belated Birthday!

1/9 Carol Middleton
2/1 Teri Armstrong



Upcoming

Vita Nova - May 13, 2020 (sign up starts May 1 - 20 max)

Friendly's Restaurant Fundraiser - May 19, 2020

Grotto's Pizza Fundraiser - June 1, 2020

Car Show - July 25, 2020

American Music Theater - "Deck the Halls" Dec 9, 2020

AARP Tax Aide - Appointments Only

The tax season is upon again. Volunteers from AARP will be here every Wednesday morning through April 8, beginning at 9:00am offering free tax assistance.

We will be scheduling appointments in one hour intervals. Please contact Sellers main office at 302-762-2050 to schedule your appointment. First come, first served!



Flowers

Effective January 2, 2020, Sellers Senior Center will charge \$1.00 for the weekly flowers we receive from Trader Joe's. We have all enjoyed the flowers over the past few years and hopefully you will continue to support the Center and purchase flowers and help us reach our fundraising goal. We ask that you only take 1 plant/flower per person but more is available for purchase on Friday afternoons after 1:00pm.



Chair Yoga

Tuesday's at 1:00pm Cost: \$3.00

Instructor: Marla Friedman

Yoga improves strength and flexibility, reduces stress and improves mental clarity.

Come try it out! The First class is free!

No class on March 24th!



Sellers 2800 Silverside Rd.

Senior Wilmington, DE 19810

(302) 762-2050

Center

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition, and advocacy.

The programs and services of Sellers Senior Center, Inc. are in part sponsored by the State of Delaware Division of Aging, The Nutrition Program for New Castle County's Senior Generation (City Fare) and the United States of America Older Americans = Act, Title 111C.