

# **Sellers Senior Center**

Nov./DEC. 2019

2800 SILVERSIDE ROAD WILMINGTON, DE 19810 (302) 762-2050 FAX: (302) 762-2051

Sellersseniorcenter@verizon.net Website: www.Sellersseniorcenter.org Like us on Facebook: Sellers Senior Center

Give Thank



#### Executive Director -

Linda Murphy

Staff:

Administrative Asst. Jennifer Brooks

Van Driver -James Kloster

City Fare Site Manager – Jeannie Whye

#### **Board of Directors:**

President - Kathy Scott

Vice Predent -Dan Dmytrus

Secretary -

Linda Deeney

Pat Anker

**Brooke Groff** 

Betty Marroni

Christie Moretti

Peachy Tabangin-Griffin

Dr. David Wilderman

Dawn Wilson

**Honorary Member** 

John Weaver

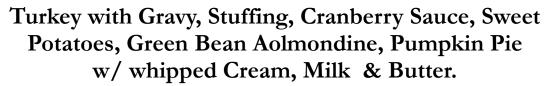
# **Thanksgiving Luncheon**

#### Tuesday, November 12

Time: 12:00 pm

Cost: \$3 plus a canned good

Menu:



Join us after lunch to play Thanksgiving Family Feud!

# **Reading Terminal Market**

Wednesday, November 13 Time: 10:00am-3:30pm

**Cost: \$4** 

Discover the Market!

One of America's largest and oldest public markets, housed since 1893 in a National Historic Landmark building, the Market offers an incredible selection of locally grown & exotic produce, locally sourced meats and poultry, plus the finest seafood, cheese baked goods, and confections. You'll find everything you need to create a memorable meal, from cookbooks, to table linens, to kitchenware, to fresh cut flowers and more. Plus the widest variety of restaurants under one roof.

# **Trip Guidelines**

Everyone attending a Sellers trip must be able to care for their own personal needs and make independent decisions for themselves. Also, consider the amount of walking that is involved with our bus trips. If assistance is required by the participant, he or she must provide their own caregiver and pay for the same.

In this newsletter, you will find the following symbols to help you determine whether or not you should participate in an activity or trip.



\*\* Handicapped Accessible

\*\*\*\* Walking required



\*\*\*\*\* Chartered Bus



Have a Great Day

- Payment for all trips must be made at time of sign-up.
- Times listed for trips reflect departure from the center and arrival back to the center.
- The bus will start loading passengers 15 minutes prior to departure.
- Departure time will be as scheduled with or without all passengers.
- Prepaid tickets for events are not refundable unless a replacement is found.
- Please remember to park furthest from the center when going on trips.

**Transportation:** Transportation is available to and from the center on Tuesdays and Fridays for \$2.00 a day. Transportation to and from medical/health care appointments can also be scheduled on Tuesdays and Fridays per availability. Call the office for pricing. If you need to cancel your daily transportation for any reason, please contact the office. If you do not cancel, you will be charged \$2.00.

#### Sign-ups for ALL trips in this newsletter will begin on November 1.

If you are driving your car to any of our day trips, the office *must* be notified so your name can be added to the reservation.

# **Greeting Cards**

**Personalized Greeting cards** are available in the office. Please allow at least **two days** for the office to fill your requests. Thank You!

Cost: \$4.00 per card

Don't forget we sell stamps too!

### **Membership Information**



Welcome New Members: Virginia Columbus, Maryann Tarpey, Sherry McLure, Tom Rollins, Sandra Snyder, Linda Cardall, Elaine Kurtz, Betty Wilbur, Terri Armstrong, Roger Hetrick, Victor Johnson, Mary McGinness

Thinking of You: Marian Carroll, Eleanor Orzechowski, Kass Mauro

In Memory of: Lillian Rosenthal, Dora Episcopo

# **Holiday Luncheon at Sellers**

Wednesday, December 11

Time: 12:00 Cost: \$3.00

Menu: Pot Roast, Scalloped Potatoes, Green Bean Almondine, Wheat Dinner Roll, Apple Pie, & Milk

1:00 Entertainment - DJ Vocalist, Jakim



Wear your Ugly Christmas Sweater!
Prizes awarded for the ugliest sweaters!

Also enjoy a Hot Chocolate Bar!

# **Center Closings**

Listen to WDEL (1150AM or at <a href="www.wdel.com">www.wdel.com</a> for center cancelations or closings due to bad weather. Listen for Sellers Senior Center to be announced. This will give you accurate information about the center.

#### **Hours of Operation:**

Monday & Tuesday 8:30—3:30pm Wed., Thurs., Friday 8:30—2:30pm

#### **Advisory Council:**

Secretary
Maryanne Cluff
Anita D'Annibale
Norma Dolan
Ruth McDannel
Mimi Moore
Doris Shiels
Helen Winkelman

#### Instructors:

Bible Study -

Pastor David Farmer

Amy Peters

Bridge Class -

**Leonard Thomas** 

Fitness -

Eric Wolf

**Creative Cards -**

Ellen Paoletti

#### **Services Available**

**Library:** Books can be borrowed during center hours. Returned books should be placed in the laundry basket. Our dedicated "librarians" will keep our library in order.. Not accepting books 2010 or older.

**Notary Services:** Call Linda in the main office to make an appointment. \$5.00 minimum donation.



**Stamps:** Postage stamps are available for purchase in the office.

AARP Driving Course: Thursday, November 21 from 9:00am-1:00pm (Refresher) No class in December. AARP has asked us to collect payment at time of sign up. \$15 for AARP Members, \$20 for Non Members. Cash or check accepted. Checks can be made payable to AARP.

#### **Available in Office**

DE Durable Power of Attorney: Financial

**Five Wishes:** Five Wishes is a legal document that lets adults plan how they want to be cared for in case of a serious illness. Cost: \$1.

**Golden Club:** Free admission to all Brandywine School District sponsored Activities.

**Guide to Services for Older Delawareans:** A publication for Older Delawareans and Persons with Disabilities.

Handicapped Parking: Placard application

**Paratransit:** Tickets are now available in the main office for \$10 per strip. ID required. Applications also available

**School Tax Credit:** Senior deduction in taxes. (form)

**Senior Roll Call:** This daily telephone service provides added comfort and security that you may need to maintain your independence.

Vial for Life: Lifesaving information for emergencies.

#### **Nutrition Program**



A noon meal is available Monday through Friday through City Fare's meal program to seniors 60 years of age and older. City Fare offers a hot meal, bagged super and a salad bar during the summer. A donation for the meal is based on income. Suggested cost: \$2.25.

Call the previous day by 10:30am for guaranteed reservations. Persons under 60 years of age are required by government regulations to pay \$5.25 for their meal.

Note: Cancellations must be made by noon the previous day.

If you make a reservation for lunch at SSC and do not show or call to cancel (within the allowed time frame) and a substitute is not found, *you will be asked to pay for that meal.* 

#### **Health and Fitness**

<u>'Feel Better' Fitness Class</u> "If you don't MOVE it - you will LOSE it."? Classes consist of: 10-15 min. walking paced warm-up, 30 min. work-out while sitting, 10 min. standing work-out, and 5 min. relaxation cool down. These exercises are good for Seniors with Arthritis, Osteoporosis, or Cardiac Rehab. Participants will gain muscular strength, endurance, and flexibility through gentle movements, chair exercises and stretching.

Monday, Wednesday, and Friday from 9:40 - 10:40am

Cost: \$3 per class.

Instructor: Eric Wolf

Wii Bowling first session ends the week of December 9th. Second session begins the week of January 6, 2020.

#### **Amazon Smile**



#### Do you shop on Amazon?

If so, AmazonSmile is a simple and automatic way for you to support Sellers Senior Center every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Sellers.

### **Donations and Bequests**

Donations and bequests to Sellers Senior Center are deductible for the purpose of computing income and inheritance taxes under the law for donations and bequests for charitable corporations.

Memorial Fund: Contributions to this living memorial is a very thoughtful way of perpetuating the memory of our friends and loved ones. Their names will be engraved on our Memorial Plaques (which hang in our Great Room) and their families will be notified of your remembrance. Your name will be recorded in our Book of Memorials.

United Way Donations: When making donations to United Way, remember to write in Sellers Senior Center's code #9063 on the back of the card. We are also a member of the United Way of Southern Pennsylvania. For Pennsylvania donations please use #48809.

# **Fundraising Info**



**Fifty/Fifty Tickets:** Purchase tickets from Mimi Moore on Mondays & Fridays or Barbara Longyear on Tuesdays. Tickets are also available for purchase in the office.

# Winners drawn the 2nd & 4th Tuesday of each month. Winners:

9/9

Millie Dyson

\$47.00

**Penny Fundraiser:** Drop your change in specially marked cans in the card room or office so that we may recognize you in our next newsletter. Thank you to all our donors.

Anonymous

\$1.50

#### **Urban Acres Produce**



Urban Acres is a non profit organization, who provides food at fair prices and provides jobs and training for the community. Please come out and support their fruit & vegetable stand.

Tuesday's from 10am-1:00pm at Sellers

# Center Closings

Closed

Thursday, Nov. 28, & Friday, Nov 29 For Thanksgiving

Dec. 24th & 25th for Christmas

Advisory Council

Meeting:

Next meeting
Wed, Nov. 13 &
Wed, Dec. 4

At the time of publication of our bi-monthly newsletter, the information is as complete and accurate as possible. All items are subject to change.

#### **DONATIONS!**

Thank You
Helen Ridenour
Marge Prinski
John Graver
Beverly Colona

### **Pinochle Tidbit**

The Pinochle Tournament is well under way - just about half way through!



First Place: **Dolly Albanese** 

Runner Up: Mary Stipo

High Score: Mary Stipo

There is still plenty of time to improve your score!

# **Gift Wrapping for Seniors**

Tuesday, December 17 Time: 1:00-3:00pm

You may bring up to 4 gifts to be wrapped. Gifts must be handheld. Enjoy cookies and music while your gifts are being wrapped.

Compliments of Delaware Hospice and Griswold Home Care

#### **Pacific Northwest & California**

Featuring Washington, Oregon and California

June 7-14, 2020

Double Occupancy \$2,999

Single Occupancy \$3,949



Colored brochure available in office!



Thursday, November, 14

1:00pm

Cost: \$5.00

Bring your own sweatshirt to make a heart shape or flower design using buttons.

# **Ongoing Activities**



Bible Study: Mondays with Amy Peters-10:00-11:00am. No class on Monday, November 25.

Fridays with Pastor Farmer - 12:00 – 1:00pm All denominations welcome!



**Bingo:** Fridays, 12:30—2:30pm. Bring your <u>nickels</u> and enjoy refreshments with your friends. Donations are always appreciated. Caller: Beverly Colonna

Bridge: Duplicate Bridge (requires a partner)—Tuesdays, 9:00am - 12:00pm.

**Bridge Class/Discussion Group:** For advanced and intermediate players. Every Tuesday at 12:30pm. No weekly commitment! Play duplicate bridge in the morning, stay for lunch and attend the discussion group at 12:30. \$2.00 donation to Sellers per class.

**Bridge:** Duplicate Bridge (requires a partner) - \$3 per day Thursdays, 9:00am-12:00pm. For more information, contact the office.

Bunco Every Monday from 10:00am to 12:00 noon. Cost: \$2.00 (cash prizes)

Canasta: Fridays 9:30—noon. Beginners welcome.



Ceramics: Every Tuesday 9:00am—12:00pm.

Chair Yoga: Every Tuesday 1:00-2:00pm

<u>Creative Cards</u>: Learn to make creative cards using a wide variety of paper crafting products: rubber stamps, punches, ink pads, die cuts and more! Second & fourth Thursdays of each month at 10:00am. **Class is advanced.** Class size limited to 12. Reservations are required 1 week in advance. Cost: materials only. *If you don't show up for the class you are still required to pay the instructor*.



Game Day: 1st & 3rd Thursday at 12:30pm.

Mahjong: 1st & 3rd Wednesday from 9:30am-12:00pm. New players please contact the office.

Pinochle: Tournament— Mondays, 12:30 - 3:30. Free Play—Tuesdays, 12:30 - 3:30.



Tuesday Pinochle Players wanted!

**Painting Class:** A fun painting class with acrylic paint on canvas. 2nd & 4th Monday of each month 1:00-4:00pm New to the class: \$20 - includes brushes, canvas & paints Continuing painters: \$10 includes, canvas & paints.

#### **Our Mission**

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts. recreation, nutrition and advocacy. Membership is welcome to anyone 50 years of age or older regardless of religion, gender, race or color.

# Happy Birthday!

~ <b>~ ~</b>	<i>y</i>	

#### November Babies

11/3 Patricia Reed

11/4 Jack Beatson

11/6 Leonard Bordzol

11/11 Harlene Dennison

Pat Modispaugh

Richard Stout

Peg Wilson

11/12 Kathy Patane

11/13 Larry Walker

11/17 Angela Di Taddeo

Jeanne Dorovich

Russ Geiger

11/18 Joanne Russo

11/21 Elizabeth Middleton

11/24 Bertha Opher

11/27 Bing Cardall

December Babies

12/1 Sharon Harding

Louise Maucher

12/3 Marlene Bennett

Carolyn Johnson

12/4 Joan Bisson

12/8 Burt Modispaugh

12/11 Lillian Williams

12/13 Kathaline Mauro

12/15 Phyllis D'Ambrosio

12/17 Nellie Bresch

Jane Hanavin

12/19 Erika Bush

Bonnie Mervine

12/21 Maren Becknell

12/21 Dawn Doubet

12/22 Eleanor Rozmarynoski

12/24 Mary Minuti

12/25 Holly VanSuch

12/26 Mary Thurman

12/29 Elaine Kurtz

12/31 Isabelle Husbands

Virginia Wilson



#### Happy Belated Birthday!

8/2 Pam Coates

10/30 Lorraine Petitt

#### Did you know.....

**NOVEMBER**. From the **Latin word** novem, "nine," because this had been the ninth month of the early Roman calendar.

**DECEMBER.** got its **name** from the **Latin word** decem (meaning ten) because it was originally the tenth month of the year in the calendar of Romulus c.

#### **Delaware Elder Law Presentation**

Delaware Elder Law Attorney W. Wade Scott, will be here to talk about a variety of topics.

Tuesday, December 3 Time: 2:00-3:00pm

### **Holiday Gathering at Wellwood Restaurant**

Thursday, December 19 11:00am-2:30pm

Cost: \$5.00

The Wellwood is an ideal dining experience for every taste! Overlooking the scenic North East River in Charlestown, Maryland. A great place to satisfy your desire for fresh seafood.

Also enjoy the beautiful Christmas decorations!



You must sign up in person with payment.



## **Chair Yoga**

Tuesday's at 1:00pm Cost: \$3.00 Instructor: Marla Friedman

Yoga improves strength and flexibility, reduces stress and improves mental clarity.

Come try it out! The First class is free!

#### **Lunch Bingo**



We know the holidays are a busy time, our lunch Bingo will resume monthly starting January 2020.

## **Mystery Lunch**



Thursday, November 7

11:00am-2:30pm

Cost: \$4.00

### Flower & Home Marketplace & September Farms

Enjoy a day out shopping at Flower & Home Marketplace & a visit to September Farms!

Thursday, December 5 9:00am—3:00pm

Flower & Home Marketplace has a large selection of artificial plants and flowers. The store also has a large section of home furnishings and accessories plus an entire selection dedicated to crafts. It's also great for gifts! 10:00am-11:30am

**September Farm** Cheese Country Market and Sandwich Shop offers old-fashioned country market shopping, a gourmet cheese and meat selection, and delicious homestyle cooking. from their web store." **11:45am-1:15pm** 

### Up Coming.....

Quarter Auction - March 21

Crafts & Treasures - May 9



**Sellers** 2800 Silverside Rd.

**Senior** Wilmington, DE 19810 (302) 762-2050

Center

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition, and advocacy.

The programs and services of Sellers Senior Center, Inc. are in part sponsored by the State of Delaware Division of Aging, The Nutrition Program for New Castle County's Senior Generation (City Fare) and the United States of America Older Americans = Act, Title 111C.